

# Person-First Language

*This page must be completed before moving on to the rest of the patch.*

## **What is person-first language?**

Talking to a person who has a disability but emphasizing on who they are before discussing their disability.

## **Examples of person-first language:**

### **Instead of:**

Disabled, Handicapped  
Slow  
Hearing Impaired, deaf, mute  
Blind, visually impaired  
Crippled, lame  
Dumb, mute, tongue-tied  
Crazy, nuts  
Handicapped parking  
Suffers from...

### **Say:**

Person with disabilities  
Person with an intellectual disability  
Person who is deaf  
Person who is blind  
Person with a physical disability  
Person who is unable to speak  
Person with a mental health issue  
Accessible parking  
Person with...