

My Abilities: Blindness

First part out of four of the My Abilities patch.

Purpose: To teach girls how to respond to those who are blind.

Activities labeled 1, 2, and 3 are required. At least 2 other activities need to be completed to obtain this patch.

Requirements:

1. Learn about blindness, the Braille alphabet, and Louis Braille. Must write a letter in Braille or play a game in Braille. (Examples include Mancala, Braille Uno, Braille Bingo, etc.)
2. Learn about the different resources available to those visually impaired. (Examples include Sight dogs, walking canes, etc.)
3. Learn how to interact with people who are blind by watching at least two of the following videos. www.youtube.com/watch?v=MK94B9VcDyU, www.youtube.com/watch?v=PW2duKZChA8, www.youtube.com/watch?v=hSmNg2WGXeQ, www.youtube.com/watch?v=Ijin6J_7AAw
4. Learn about blindness by visiting the eye doctor or talking to someone who works with the visibly impaired. The Alabama Instructional Resource Center for the Blind can help you learn more. Call (256) 761-3287.
5. Learn about famous people who were/are blind. (Examples include Hellen Keller, Johnny Depp, Harriet Tubman, Homer, etc.)
6. Invite someone who is blind/visually impaired to speak at your Girl Scout meeting.
7. Discover what it is like to be blind. Have the girls close their eyes and have them determine a doorway that leads to the outdoors or take a color blind test. Play a blind game. <https://www.youtube.com/watch?v=ekSpPVAh-6E>
8. Watch a kid-friendly video on blindness. (Examples include <https://www.youtube.com/watch?v=eFTrb3ECVrw> or <https://www.youtube.com/watch?v=OkeqHe53I1w> First video describes blindness and the second video shows different types of visions.)
9. Practice helping those who are blind. Have the girls pair up in teams of two and have one close their eyes. The other girl must help her get through an obstacle course by only word commands, such as, left, right, diagonal, etc.
10. Explore what it is like in public for those who are blind. (Examples include going to a restaurant and asking for a braille menu, going to an office and determining what they do to accommodate those who are blind, etc.)