

My Abilities: Autism

Fourth part out of four of the My Abilities patch.

Purpose: To teach girls how to respond to those who have autism.

Activities labeled 1, 2, and 3 are required. At least 2 other activities need to be completed to obtain this patch.

Requirements:

1. Learn about Autism and Leo Kanner and Hans Asperger. Teach girls about the similarities they have between those with Autism to help them bridge the gap.
2. Learn about the different resources available to those who have autism. (Examples include service animals, sensory helps, etc.)
3. Learn how to interact with people who are autistic by watching at least two of the following videos. www.youtube.com/watch?v=9G_kbiGHyEQ,
4. www.youtube.com/watch?v=IApo5TBR7jc, www.youtube.com/watch?v=D4Hapmm9YiY
5. Learn about famous people who had/have autism. (Examples include Emily Dickinson, Albert Einstein, Elon Musk, Tim Burton, etc.)
6. Learn about Autism by talking to a pediatrician or those who work with those with autism. The Tree of Life Behavioral Health can help you learn more. Call (256) 278-2802.
7. Invite someone who has autism to speak at your Girl Scout meeting.
8. Watch a kid-friendly video on Autism. (Examples include <https://www.youtube.com/watch?v=Ezv85LMFx2E> or <https://www.youtube.com/watch?v=VAogdfYPstU> . The first video describes autism on a child's level and the second video is autistic kids explaining how they view life.)
9. Practice helping those who have autism. Teach the girls to be patient in tough situations and show empathy to those who are different. Color a page that demonstrates Autism- www.just-coloring-pages.com/product-category/holidays/autism-awareness-coloring-pages/
10. Explore what it is like in public for those who have autism. (Examples include going to an office and determining what they do to accommodate those who have autism, go to places that have sensory accommodations and have trained their staff for awareness, etc.)