

Volunteer in Training (VIT) Award

For Girl Scout Seniors and Ambassadors

Follow these steps to earn the award:

- Complete GSNCA's Volunteer in Training leadership course.
- Identify an adult leader/volunteer who is currently working with the age group you would like to work with to serve as your mentor through the award.
- Plan and lead at least four 1-hour long activity sessions for younger girls over the course of 3-6 months.
- All sessions must be completed by September 30th after the Girl Scout graduates from high school to earn this award.
- Submit your completed/signed Volunteer in Training Report to awards@girlscoutsnca.org.
- Congratulations on earning the Volunteer in Training Award! After receiving your award report, your award pin will be mailed to you at the address provided on the final report form. Pins are included in the training registration fee and sent once award requirements are completed.

VIT

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Girl Scout's Name: _____ Troop #: _____

Girl Scout Level (select one): Senior Ambassador

Address: _____

City: _____ State: _____ Zip: _____

Girl Scout's Email address: _____

Troop Leader's Name: _____

Troop Leader's Email: _____

Step One:

Volunteer in Training Leadership Course Date: _____

Facilitator's Name: _____

Step Two:

Which Girl Scout Level will you be working with? Daisy Brownie Junior Cadette

Name of VIT Mentor: _____

Mentor's Troop Number: _____ Mentor's Email: _____

Step Three: Plan and lead four or more activity sessions for younger girls.

Session 1:

Date of Activity: _____ Name of Activity: _____

Describe the activity you planned and led: _____

What was the goal of this activity? _____

How long did you spend planning and leading this activity? _____

What went well? _____

What would you do differently next time? _____

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Session 2:

Date of Activity: _____ Name of Activity: _____

Describe the activity you planned and led: _____

What was the goal of this activity? _____

How long did you spend planning and leading this activity? _____

What went well? _____

What would you do differently next time? _____

Session 3:

Date of Activity: _____ Name of Activity: _____

Describe the activity you planned and led: _____

What was the goal of this activity? _____

How long did you spend planning and leading this activity? _____

What went well? _____

What would you do differently next time? _____



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Session 4:

Date of Activity: _____ Name of Activity: _____

Describe the activity you planned and led: _____

What was the goal of this activity? _____

How long did you spend planning and leading this activity? _____

What went well? _____

What would you do differently next time? _____

Reflect:

What do you think you did well during this leadership experience? Did you develop a new skill?

What is one skill you want to keep working on to continue improving as a leader?

On my honor, I have completed all required steps to earn the Volunteer in Training Award as described above.

Signature of Girl Scout VIT: _____ Date: _____

Signature of VIT Mentor: _____ Date: _____